'Ju-Jitsu is for everyone, regardless of one's age, nationality or gender'

WJJC founder Busa holds Ju-Jitsu seminar in Kuwait

By Michelle Fe Santiago **Arab Times Staff**

KUWAIT CITY, May 2: Martial Arts and Ju-Jitsu fanatics had a power-packed and action filled day with Shodai Soke Adriano Busà, the founder of the World Ju-Jitsu Corporation. Busà during the Ju-Jitsu Seminar held on Saturday in cooperation with World Ju-Jitsu Corporation Kuwait (WJJC-K) led by National Technical Director Sensei Abdulwahab M Alburaidi.

Joining Busà in the seminar were Sensei Matteo Faretina and Sensei Albdulwahab. The seminar kicked off with welcome remarks from Shodai Soke Adriano and Sensei Abdulwahab who greeted the participants with oozing enthusiasm followed by the moving up or changing of the colour of the belts after undergoing the recent grading exam. Some students were promoted as they received the new belts from Shodai Soke Adriano. The ranking system is a means of signifying a practitioner's increasing levels of technical knowledge and practical skill within the art of Ju-Jitsu.

JU-JITSU

Ju-Jitsu is a Japanese martial art and a method of close combat for defeating an armed and armored opponent in which one uses no weapon or only a short weapon. Ju-Jitsu is the modern art of streetfighting and a very useful form self-defence especially at these fast changing times.

The WJJC-K which is the first Ju-Jitsu group in the Middle East is a non-profit sports organisation that operates under the World Ju-Jitsu Corporation (WJJC) - an international organisation based in Florence, Italy that is both modern and still deeply-rooted in the English Ju-Jitsu style. The WJJC is entirely devoted to studying and developing both Ju-Jitsu and Ko-Budo, both in the sports sector and in the professional

The WJJC is based in the United Kingdom, the head-office being in London, England, with its headquarters being in Florence, Italy. Shodai Soke Adriano, the founder of the World Ju-Jitsu Corporation, is a Ju-Jitsu and Ko-Budo expert and a highly skilled professional in self-defense techniques for Police and Military.

Sensei Abdulwahab who has been with the Kuwait National



Saad Al-Enezi receives plaque of appreciation from Shodai Adriano Busa



Sensei Matteo Faretina (second from right), with the kid participants



Warming up



Robert Bulquiren receives a token of appreciation from Shodai Soke Adriano Busa

team works closely with Shodai Soke Adriano and teaches the Japanese Ju-Jitsu and not the Brazilian Ju-Jitsu to his students thrice a week for kids and adults at the Hassan Abul Sports Centre in Dasma.

During the seminar, Shodai Soke Adriano together with Sensei Abdulwahab demonstrated to the participants the various Ju-Jitsu techniques and forms of grappling techniques to some degree such as throwing, trapping, joint locks, holds, gouging, biting, disengagements, striking and

On the other hand, Sensei Matteo taught the kid participants the basic Ju-Jitsu techniques. The five-hour Ju-Jitsu seminar was action filled.

The seminar was capped by the awarding of certificates to the participants who in turn thanked Shodai Soke Adriano, Sensei Matteo and Sensei Abdulwahab for the



A young participant receives a plaque of appreciation

fun-filled and informative seminar. "Ju-Jitsu is for everyone, regardless of one's age, nationality or gender.

You can take up the classes at your own pace, no pressure. The knowledge and skills that you will acquire from Ju-Jitsu will definitely equip you on how to survive on the streets and be away from danger," stated Sensei Abdulwahab.

To those who are interested to join the Ju-Jitsu classes under Sensei Abdulwahab, they may check the group Wjjc_Kuwait on Instagram or its website on www. wjjckw.com or www.wjjc.biz or may contact 99583552 for more details.

"We would like to thank all the participants for their time and we hope to be back here again. It always feels good to be in Kuwait," stated Shodai Soke Adriano who has been Kuwait for the fourth time

Can 'cracker' boosts Liverpool top-4 push

Reds earn crucial win at Watford

LONDON, May 2, (RTRS): Liverpool's Emre Can produced a goal of stunning brilliance to earn a crucial 1-0 victory at Watford on Monday that boosts the Reds' push for a top-four finish in the Premier

A game that had been meandering along amid much mediocrity came to life on the stroke of halftime when

MADRID, May 2, (AFP): Jose

Mourinho must patch up an in-

jury ravaged Manchester United

squad as the English side's quest

for Europa League glory faces its stiffest test yet with a semifi-

nal, first leg trip to Celta Vigo on

The Portuguese manager de-

scribed United's nine-match

April schedule as "not human"

after another disappointing 1-1

home draw in the Premier League

against relegation threatened

His side's schedule doesn't get

any easier, though, with six more

games to come over the next 19

days in a bid to seal Champions

League qualification either by

winning the Europa League or

viously hypothetical," Mourinho

Swansea City on Sunday.

Thursday

Ajax look to rekindle former glories

Celta plan more pain

for exhausted Man U

Can's extraordinary overhead scissors kick from Lucas's chipped through ball rocketed into the top corner.

The strike, hailed by the club's former defender Jamie Carragher as "one of the great Liverpool goals", illuminated a dull first-half which had just been enlivened by substitute Adam Lallana's dipping volley for the visitors that struck the bar.

An uninspired Watford side laboured for an equaliser after the break but still came agonisingly close when Sebastian Prodl smashed a left-foot shot against the bar for the Hornets in the 94th minute

The victory strengthened Liverpool's hold on third place with 69 points, three points clear of fourthplaced Manchester City and four ahead of Manchester United, who are fifth.

The two Manchester sides, though, have a game in hand over their Merseyside rivals in the tense race for Champions League qualifying places.

The goal from the German international was unquestionably one of the best seen in the Premier League in 2016-17 but what felt most remarkable about it was that it materialised after such an undistinguished performance from Juergen Klopp's team.

When Liverpool lost playmaker Philippe Coutinho to a leg injury suffered after a fourth minute challenge, there was little cohesion or punch in their approach.

from Then, seemingly nowhere, the Brazilian's replacement Lallana uncorked a moment of inspiration five before minutes the break.

From goal keeper Heurelho Gomes' punched clearance, England international Lallana blasted his first-time 20-metre



volley against the underside of the bar.

It was just the hors d'oeuvre,

SOCCER

though. In stoppage time in the first half, Lucas, whose only contribution hitherto had been to get booked for a terrible dive, floated his through ball into the area where Can set himself for a moment of acrobatic wonder.

With no element of fluke, he twisted his body in mid-air to hook the ball flush on his right foot past a bewildered Gomes and sparked huge celebrations on the Liverpool bench.

In the last of four extra minutes, they failed to clear their lines and Prodl lashed his shot against the bar with Watford's final attack.

Standings

	•	lall	uIII	yə			
	P	W	D	L	GF	GA	Pts
Chelsea	34	26	3	5	72	29	81
Spurs	34	23	8	3	71	22	77
Liverpool	35	20	9	6	71	42	69
Man City	34	19	9	6	65	37	66
Man United	34	17	14	3	51	25	65
Arsenal	33	18	6	9	64	42	60
Everton	35	16	10	9	60	40	58
West Brom	34	12	8	14	39	43	44
Southampton	33	11	8	14	39	44	41
Bournemouth	35	11	8	16	50	63	41
Leicester	34	11	7	16	42	54	40
Stoke	35	10	10	15	37	50	40
Watford	34	11	7	16	37	55	40
Burnley	35	11	6	18	35	49	39
West Ham	35	10	9	16	44	59	39
Palace	35	11	5	19	46	56	38
Hull	35	9	7	19	36	67	34
Swansea	35	9	5	21	40	69	32
Middlesbrough	35	5	13	17	26	45	28
Y-Sunderland	34	5	6	23	26	60	21
Note: Stand	dings	rea	d as	paly	ed, w	on, d	rawn,
lost, goals for, o	poals	s aga	inst	and r	points		

lost, goals for, goals against an Note: y denotes relegated

squeezing into the top four of the Premier League. "If we beat Celta, we have the final and, in this moment, it is ob-

told the United website. The Europa League final is on the Wednesday and we play against Crystal Palace on the Sunday. Before that, we play Southampton away a few days before, so we would be playing the final with disastrous conse-

quences. The English giants are without top scorer Zlatan Ibrahimovic due to cruciate ligament damage.

Meanwhile, Luke Shaw and Eric Bailly added to United's defensive woes as they join Phil Jones, Chris Smalling and Marco Rojo on the sidelines, meaning Mourinho will need to look for emergency solutions at centre-

Mourinho has been critical of Jones and Smalling's unwillingness to play through the pain barrier and doesn't expect them to rush back meaning right-back Mateo Darmian, midfielder Michael Carrick or 19-year-old Axel Tuanzebe could deputise at the heart of the defence.

"That's my personal opinion, I don't think they will (be fit) but I know the players I choose will give everything. It doesn't matter if I go with Darmian or Carrick or Axel, I trust the boys.

The visitors will have Paul Pogba and Marouane Fellaini back available, whilst Juan Mata could make his comeback from groin **Ajax vs Lyon belN SPORTS 2HD** 19:45 local

Celta vs Man U beln SPORTS

2HD, 11HD 22:05 local (Thursday)

surgery after being an unused substitute against Swansea.

Celta, by contrast, have had the luxury of resting up Eduardo Berizzo's preferred XI for the majority of their recent La Liga games as the Galicians concentrate on trying to win a first ever major trophy.
"We also know what's at stake

- not only that you win the Europa League, which is huge, but you can also win a place in the Cham-pions League," Celta striker John Guidetti told UEFA.com.

'You have dreams about that." And the former Manchester City man would revel in ending United's chances of winning the Europa League for the first

"As they say "Manchester is blue" and that's how it will be when we visit there as well, because we are Celta Vigo and we will try to keep the city blue.'

Former Liverpool striker Iago Aspas is Celta's main threat, though, as he's struck 24 times this season.

The other semifinal, first leg takes place on Wednesday in Amsterdam as Ajax look to rekindle former European glories against

Ajax haven't reached a European final since the vintage of the likes of Edwin Van der Sar, Edgar Davids and Jari Litmanen lost the 1996 Champions League final to Juventus on penalties.

However, a new generation of wonder kids now threatens to take Europe by storm, including 17-year-old Justin Kluivert, son of Ajax legend Patrick.

"It's what Ajax stands for. We give young players dreams and opportunities," said Van der Sar, now the club's general director.

Lyon have injury troubles as

they look to reach a first ever European final.

Top scorer Alexandre Lacazette and French international Corentin

Tolisso have travelled with the

squad, but are both doubtful.